



FLOURISH Program Itinerary

We look forward to welcoming you to FLOURISH: A Transformation Workshop for Women in Leadership! Below you will find a complete schedule of programming. **Please note: This program has a start time of 4:00 p.m. on Friday, May 16.** We invite you to check in between 2:00-4:00 p.m. to settle into your guest room and become acquainted with campus. A final schedule with workshop and class locations will be distributed to you upon check-in at 1440. Please email inquiries@1440.org with any questions you may have.

| THREE-DAY FLOURISH ITINERARY | | |
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| | TIME | ACTIVITY |
| FRIDAY 5/16 | 2:00 – 4:00 p.m. | Arrivals, Registration & Guestroom Check-In (Lodge Lounge) |
| | 4:00 - 4:15 p.m. | 1440 Welcome |
| | 4:15 – 5:45 p.m. | Workshop Session 1 |
| | 5:00 - 10:00 p.m. | Common Grounds Café Hours |
| | 6:00 – 7:00 p.m. | Dinner (Kitchen Table) |
| | 7:30 – 8:30 p.m. | Evening Signature Class |
| | 8:30 - 10:00 p.m. | Social Time (Common Grounds & Fire Pits) |
| SATURDAY 5/17 | 7:00 - 8:00 a.m. | Morning Signature Class |
| | 7:30 - 9:00 a.m. | Breakfast (Kitchen Table) |
| | 10:00 a.m. - 12:30 p.m. | Workshop Session 2 |
| | 10:00 - 11:00 a.m. | Common Grounds Café Hours |
| | 12:00 - 4:00 p.m. | Vision Board Workshop |
| | 12:30 - 1:30 p.m. | Lunch (Kitchen Table) |
| | 1:30 - 3:45 p.m. | Workshop Session 3 |
| | 3:00 - 4:00 p.m. | Common Grounds Café Hours |
| | 4:15 - 5:15 p.m. | Afternoon Signature Class |
| | 6:00 - 7:00 p.m. | Dinner (Kitchen Table) |
| 7:30 - 8:30 p.m. | Evening Signature Class | |
| 8:30 - 10:00 p.m. | Social Time (Common Grounds & Fire Pits) | |
| SUNDAY 5/18 | 7:00 - 8:00 a.m. | Morning Signature Class |
| | 7:30 - 9:00 a.m. | Breakfast (Kitchen Table) |
| | 10:00 a.m. - 12:00 p.m. | Workshop Session 4 |
| | 12:00 - 1:00 p.m. | Lunch (Kitchen Table) |
| | 1:00 - 3:00 p.m. | Faculty Workshop Session 5 - Closing |
| | 3:00 - 3:30 p.m. | Departures |



FLOURISH Program Itinerary

We look forward to welcoming you to FLOURISH: A Transformation Workshop for Women in Leadership! Below you will find a complete schedule of programming. **Please note: This program has a start time of 4:00 p.m. on Friday, September 6.** We invite you to check in between 2:00-4:00 p.m. to settle into your guest room and become acquainted with campus. A final schedule with workshop and class locations will be distributed to you upon check-in at 1440. Please email inquiries@1440.org with any questions you may have.

| THREE-DAY FLOURISH ITINERARY | | |
|------------------------------|--|--|
| | TIME | ACTIVITY |
| FRIDAY 9/6 | 2:00 – 4:00 p.m. | Arrivals, Registration & Guestroom Check-In (Lodge Lounge) |
| | 4:00 - 4:15 p.m. | 1440 Welcome (Outlook 201) |
| | 4:15 – 5:45 p.m. | Workshop Session 1 (Outlook 201) |
| | 5:00 - 10:00 p.m. | Common Grounds Café Hours |
| | 6:00 – 7:00 p.m. | Dinner (Kitchen Table) |
| | 7:30 – 8:30 p.m. | Evening Signature Class (Location TBD) |
| | 8:30 - 10:00 p.m. | Social Time (Common Grounds & Fire Pits) |
| SATURDAY 9/7 | 7:00 - 8:00 a.m. | Morning Signature Class (Location TBD) |
| | 7:30 - 9:00 a.m. | Breakfast (Kitchen Table) |
| | 10:00 a.m. - 12:30 p.m. | Workshop Session 2 (Outlook 201) |
| | 10:00 - 11:00 a.m. | Common Grounds Café Hours |
| | 12:00 - 4:00 p.m. | Vision Board Workshop (Outlook 202) |
| | 12:30 - 1:30 p.m. | Lunch (Kitchen Table) |
| | 1:30 - 3:45 p.m. | Workshop Session 3 (Outlook 201) |
| | 3:00 - 4:00 p.m. | Common Grounds Café Hours |
| | 4:15 - 5:15 p.m. | Afternoon Signature Class (Location TBD) |
| | 6:00 - 7:00 p.m. | Dinner (Kitchen Table) |
| | 7:30 - 8:30 p.m. | Evening Signature Class (Location TBD) |
| 8:30 - 10:00 p.m. | Social Time (Common Grounds & Fire Pits) | |
| SUNDAY 9/8 | 7:00 - 8:00 a.m. | Morning Signature Class (Location TBD) |
| | 7:30 - 9:00 a.m. | Breakfast (Kitchen Table) |
| | 10:00 a.m. - 12:00 p.m. | Workshop Session 4 (Outlook 201) |
| | 12:00 - 1:00 p.m. | Lunch (Kitchen Table) |
| | 1:00 - 3:00 p.m. | Faculty Workshop Session 5 – Closing (Outlook 201) |
| | 3:00 - 3:30 p.m. | Departures |